# Massage Therapy

# Agave Signature 50 Min \$85 | 80 Min \$125

This peaceful escape features light to medium pressure, aromatherapy, and reflexology for the ultimate relaxation experience.

#### Classic Swedish 50 Min \$85 | 80 Min \$100

Our most popular massage. Therapists combine a wide variety of techniques and styles to create the perfect massage designed to meet your body and spirit's needs.

#### Personalized 50 Min \$85 | 80 Min \$115

Therapists combine a wide variety of techniques and styles to create the perfect massage designed to meet your needs.

#### Therapeutic Deep Tissue 50 Min \$95 | 80 Min \$130

Penetrates the deepest layers of muscle tissue where tension and muscular pain is most often rooted. Firm, precise pressure is used to work between muscle tissue fibers.

## Agave Post-Workout Massage 50Min \$95

This massage is sure to alleviate all tension and soreness that you may feel after your workout. Our therapist combine firm pressure with a unique deep-tissue mechanical massager used to decrease pain and improve muscle recovery. Try adding <u>cupping</u> or <u>warm stones</u> for the ultimate experience.

#### Reflexology 50 Min \$85

Based on Eastern principles of energy zones and the feet, pressure points are used to relieve stress, improve circulation and restore balance throughout the body.

#### Prenatal 50 Min \$95

Focused on the mother-to-be's needs, this massage will relieve mental and body fatigue and improve circulation by enhancing muscle and joint functions. It can only be performed on second and third trimester of pregnant women.

# **Body Treatments**

#### Citrus Body Scrub 50 Min \$110

Your skin is polished to perfection using One Fine Day shea-sugar scrub infused with nodes of tangerine, grapefruit and vanilla. Followed by a hydrating application of lightly infused citrus body oil to seal in moisture and reveal a glow.

# Hydrating Body Wrap 50 Min \$115

Say goodbye to dry skin and relax as your skin is lightly dry brushed followed by an application of guac star avocado mask and citrus cilantro infused body oil. Once applied you will be wrapped in a warm cocoon and finish with a warm vanilla foot treatment to complete your experience.

## Honey & Sunflower Massage 50 Min \$125

Warm honey glaze is drizzled on the body delivering intense moisture before sunflower honey infused balm is massaged into the skin to deeply repair and restore. Finally, a honey and oat face mask is applied, leaving your skin feeling smooth and refreshed with a healthy glow.

## Massage & Body Enhancements

Aromatherapy Oil +\$10 | Choose from a selection of essential oils to enjoy the benefits of an aromatherapy treatment.

Warm Stones +\$20 | Bassett stones are warmed and used as an extension of your therapist hands to deliver a soothing massage, loosening tight muscles to relieve stress.

Cupping +\$20 | Cups are placed on the skin to cause suction. Cupping improves not only circulation but has been proven to heal muscles.

Citrus Sugar Scrub +\$10 | Choice of hand, foot or back. A warm citrus sugar scrub with hot towels and vanilla healing balm.

Scalp Massage +\$10 | Relax the mind and encourage circulation to tight muscles in the temple and neck.

Dry Brush & Exfoliation +\$10 | Detoxifies, exfoliates, improves circulation and stimulates the lymph system.

# **Packages**

# Tranquility 2 Hrs \$185

Classic Therapeutic Massage\* and Oxygenation Facial.

## Rejuvenation 3 Hrs \$190

Classic Therapeutic Massage\*, Express Facial, Agave Signature Express Mani  $\theta$  Pedi.

#### Serenity 4 Hrs \$255

Custom Therapeutic Massage, Oxygenation Facial, Agave Signature Mani & Pedi, \$15 lunch voucher.

#### Agave Signature 4.5 Hrs \$375

Citrus Body Scrub, Custom Therapeutic Massage, Oxygenation Facial, Agave Signature Mani & Pedi, \$15 lunch voucher.

\*Massages are customizable. Prices are subject to change depending on change of service or add-ons.



